Intramural Activities Offered at Smitha

**GUIDELINES FOR PARTICIPATION:**

- Students do not have to dress out for intramurals; however, students do have to bring appropriate shoes to participate.

- Students do not have to sign in, but once the students are in the gym they may not leave unless there is an emergency.

- The teacher will organize the teams based on what activity is taking place on the given morning.

- The students will have unlimited access to the gym water fountain, and the locker room will be used for bathroom breaks.

**Coaches**

Coach Golden  
Mr. McRoberts  
Coach Smith  
Mr. Demkowski  
Mr. Williams

Contact us via email at:

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joseph.mcrob  erts@cobbk12.org

**Intramural Activities**

- Volleyball
- Basketball
- Badminton
- Flag Football
- 4-Way Volleyball
- Fast Tracks
- Hoops for Heart
- Ultimate Frisbee
- Indoor Soccer
SCHEDULE
Monday – Friday
8:00AM until 8:45AM
Room 160 (The Gym)

ALL STUDENTS MUST REPORT TO THE 8TH GRADE CAFETERIA FIRST.

Coaches will come by the cafeteria at 8:00AM and 8:15AM to pick up students for Intramural play in the gym and covered play area.

All students arriving after 8:15 will be left in morning study hall in the 8th grade commons.

Games are held until the bell rings. The students are then dismissed to breakfast or homeroom.

Behavior Management Plan:
Participation in Intramurals is a privilege! Unsuitable behavior will not be tolerated! The Smitha Intramural Program has developed a three-strike policy of discipline. Students will be given one warning depending on the severity of the act. The plan works as follows:

- 1st strike: 1 Day Intramural Suspension
- 2nd strike: 1 Week Intramural suspension
- 3rd strike: Suspension for the Semester

Behavior issues can include, but are not limited to:
- Profanity
- Cheating
- Fights
- Horseplay
- Disrespect

Smitha Middle School

The Intramural program at Smitha provides an opportunity for students to participate in games and activities in the gymnasium or covered play area before school. Our philosophy is to establish a program that promotes self-esteem and spirit of competition while providing opportunities to refine sports and team building skills.

Smitha Middle School

Intramurals
2019-2020