

0-12
MONTHS



You are Your
CHILD'S 1ST TEACHER

WELLSTAR
Health System

COBB COUNTY
SCHOOL DISTRICT





READY, SET... READ!

[BIRTH TO 12 MONTHS FAMILY CHECKLIST AND GUIDE]

FAMILY CHECKLIST:

- ✦ Do you have books with simple, large pictures with bright colors for your baby to enjoy?
- ✦ Are your child's books stiff cardboard books that can be propped up in the crib?
- ✦ When choosing books for your child, do you select those that are made of cloth or soft vinyl?
- ✦ Does your child have books with photos of familiar objects like balls and bottles?
- ✦ Does your child have plastic/vinyl books for bath time?
- ✦ Does your child have washable books to cuddle and mouth?

TIPS FOR FAMILIES:

- ✦ Read to your child daily to build language, develop vocabulary and provide an opportunity for parent and child to bond. This develops early literacy skills and social-emotional skills needed for optimal learning to occur. Cloth or vinyl books are great books that can be used for reading with young babies.
- ✦ Sing, recite nursery rhymes, and talk to your baby about things they see or experience to develop early literacy and critical thinking skills.
- ✦ Always read to your baby and your baby will one day read to you!

SUGGESTED READING:



MORE GREAT BOOKS:

- **Love You Forever** [Robert Munsch]
- **Are You My Mother?** [P.D. Eastman]

*Additional Resources:

**A QR Reader app may be needed to view this information and may be downloaded from the App Store or Google Play.*

