

CCSD Elementary School Lunch Menu October 2023



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p style="text-align: right;">2</p> <p>Delicious Chicken Bites or Vegan Chik'N Nuggets with Warm Dinner Roll Baked Potato Bar with Warm Dinner roll Yogurt Plate (V) Peanut Butter Pack (V) Bright-eyed Broccoli Spunky Sweet Potato Fries</p> | <p style="text-align: right;">3</p> <p>Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegan Ground "Beef" Nachos Turkey Sausage and Pancake Bites Chicken Caesar Salad Vegetarian Caesar Salad (V) Fantastic Black Beans or Fiesta Refried Beans Classic Golden Corn</p> | <p style="text-align: right;">4</p> <p>Crispy Chicken Leg with Warm Dinner Roll Cheese Stuffed Breadsticks with Marinara Dipping Sauce Beef and/or Chicken Taco Salad Delightful Vegetarian Taco Salad (V) Seasoned Green Beans Butternut Squash</p> | <p style="text-align: right;">5</p> <p>Cheese Pizza (V) Pepperoni Pizza BBQ Pulled Pork Sandwich Chicken Tender Salad Vegetarian Chef Salad (V) Tossed Side Salad BBQ Baked Beans</p> | <p style="text-align: right;">6</p> <p>Flavorful Hamburger/Cheeseburger Spicy Black Bean Burger Halal Certified Hamburger/Cheeseburger Mini Cheese Ravioli (V) with Garlic Texas Toast Pizza Pack Vegetarian Pizza Pack (V) California Vegetable Blend, Crispy Tater Tots</p> |
| <p style="text-align: right;">9</p> <p>Cheesy Garlic French Bread Pizza (V) Pepperoni French Bread Pizza Country Breakfast Scramble Bowl with Buttermilk Biscuit Yogurt Plate (V) Peanut Butter Pack (V) Extraordinary Green Beans Cool Carrots</p> | <p style="text-align: right;">10</p> <p>Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegan Ground "Beef" Nachos Grilled Cheese Sandwich Chicken Caesar Salad Vegetarian Caesar Salad (V) Fantastic Black Beans or Robust Refried Beans, Buttery Corn</p> | <p style="text-align: right;">11</p> <p>Crispy Chicken Sandwich Asian Inspired Chicken with Fried Rice Vegetarian Thai Chili Edamame with Fried Rice Beef and/or Chicken Taco Salad Superb Vegetarian Taco Salad (V) Refreshing Veggie Dippers Seasoned Spiral Fries or Mashed Potatoes</p> | <p style="text-align: right;">12</p> <p>Cheese Pizza (V) Pepperoni Pizza Beef Rotini Pasta with Garlic Texas Toast Crispy Chicken Bites Salad Vegetarian Chef Salad (V) Fresh Caesar Side Salad or Kale Caesar Salad Savory Sweet Potato Fries</p> | <p style="text-align: right;">13</p> <p>Classic Macaroni and Cheese with Fish Bites Chicken Tenders with Warm Dinner Roll Vegan Chik'N Nuggets with Dinner Roll Pizza Pack Vegetarian Pizza Pack (V) Cosmic Creamed Spinach or Collard Greens Zesty Cowboy Salsa</p> |
| <p style="text-align: right;">16</p> <p>Delicious Chicken Bites or Vegan Chik'N Nuggets with Warm Dinner Roll Baked Potato Bar with Warm Dinner roll Yogurt Plate (V) Peanut Butter Pack (V) Bright-eyed Broccoli Spunky Sweet Potato Fries</p> | <p style="text-align: right;">17</p> <p>Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegan Ground "Beef" Nachos Turkey Sausage and Pancake Bites Chicken Caesar Salad Vegetarian Caesar Salad (V) Fantastic Black Beans or Fiesta Refried Beans Classic Golden Corn</p> | <p style="text-align: right;">18</p> <p>Crispy Chicken Leg with Warm Dinner Roll Cheese Stuffed Breadsticks with Marinara Dipping Sauce Beef and/or Chicken Taco Salad Delightful Vegetarian Taco Salad (V) Seasoned Green Beans Butternut Squash</p> | <p style="text-align: right;">19</p> <p>Cheese Pizza (V) Pepperoni Pizza BBQ Pulled Pork Sandwich Chicken Tender Salad Vegetarian Chef Salad (V) Tossed Side Salad BBQ Baked Beans</p> | <p style="text-align: right;">20</p> <p>Flavorful Hamburger/Cheeseburger Spicy Black Bean Burger Halal Certified Hamburger/Cheeseburger Mini Cheese Ravioli (V) with Garlic Texas Toast Pizza Pack Vegetarian Pizza Pack (V) California Vegetable Blend, Crispy Tater Tots</p> |
| <p style="text-align: right;">23</p> <p>Cheesy Garlic French Bread Pizza (V) Pepperoni French Bread Pizza Country Breakfast Scramble Bowl with Buttermilk Biscuit Yogurt Plate (V) Peanut Butter Pack (V) Extraordinary Green Beans Cool Carrots</p> | <p style="text-align: right;">24</p> <p>Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegan Ground "Beef" Nachos Grilled Cheese Sandwich Chicken Caesar Salad Vegetarian Caesar Salad (V) Fantastic Black Beans or Robust Refried Beans, Buttery Corn</p> | <p style="text-align: right;">25</p> <p>Crispy Chicken Sandwich Asian Inspired Chicken with Fried Rice Vegetarian Thai Chili Edamame with Fried Rice Beef and/or Chicken Taco Salad Superb Vegetarian Taco Salad (V) Refreshing Veggie Dippers Seasoned Spiral Fries or Mashed Potatoes</p> | <p style="text-align: right;">26</p> <p>Cheese Pizza (V) Pepperoni Pizza Beef Rotini Pasta with Garlic Texas Toast Crispy Chicken Bites Salad Vegetarian Chef Salad (V) Fresh Caesar Side Salad Savory Sweet Potato Fries</p> | <p style="text-align: right;">27</p> <p>Classic Macaroni and Cheese with Fish Bites Chicken Tenders with Warm Dinner Roll Vegan Chik'N Nuggets with Dinner Roll Pizza Pack Vegetarian Pizza Pack (V) Cosmic Creamed Spinach or Collard Greens Zesty Cowboy Salsa</p> |
| <p style="text-align: right;">30</p> <p>Delicious Chicken Bites or Vegan Chik'N Nuggets with Warm Dinner Roll Baked Potato Bar with Warm Dinner roll Yogurt Plate (V) Peanut Butter Pack (V) Bright-eyed Broccoli Spunky Sweet Potato Fries</p> | <p style="text-align: right;">31</p> <p>Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegan Ground "Beef" Nachos Turkey Sausage and Pancake Bites Chicken Caesar Salad Vegetarian Caesar Salad (V) Fantastic Black Beans or Fiesta Refried Beans Classic Golden Corn</p> | <p style="text-align: center;">Celebrate <i>Pepper Palooza!</i> for Farm to School Month with us</p> <p>We will feature stuffed peppers, pepper dippers, and Philly cheesesteak pizzas throughout our cafeterias this month</p> | <p style="text-align: center;">Daily Offerings: Assorted Milk 100% Juice Vegetarian Entrees <i>Locally Sourced Ingredients Offered</i> <i>Regularly Menu Subject to Change</i></p> | <p style="text-align: center;">Lunch Prices Student Free: \$0 Student Reduced: \$0 Student Full Pay: \$3.50 School Staff: \$4.75 Guest: \$5.00</p> <p style="text-align: center;">Visit www.myparentsplus.com <small>This institution is an equal opportunity provider.</small></p> |