## CCSD Elementary School Lunch Menu October 2023

**MONDAY**
- Delicious Chicken Bites or Vegan Chik'N Nuggets with Warm Dinner Roll
- Baked Potato Bar with Warm Dinner roll
- Yogurt Plate (V)
- Peanut Butter Pack (V)
- Bright-eyed Broccoli
- Spunky Sweet Potato Fries

**TUESDAY**
- Zesty Cheese Nachos (V)
- Seasoned Beef and/or Chicken Nachos
- Vegan Ground "Beef" Nachos
- Turkey Sausage and Pancake Bites
- Chicken Caesar Salad
- Vegetarian Caesar Salad (V)
- Fantastic Black Beans or Fiesta Refried Beans
- Classic Golden Corn

**WEDNESDAY**
- Crispy Chicken Leg with Warm Dinner Roll
- Cheese Stuffed Breadsticks with Marinara Dipping Sauce
- Beef and/or Chicken Taco Salad
- Delightful Vegetarian Taco Salad (V)
- Seasoned Green Beans
- Butternut Squash

**THURSDAY**
- Cheese Pizza (V)
- Pepperoni Pizza
- BBQ Pulled Pork Sandwich
- Chicken Tender Salad
- Vegetarian Chef Salad (V)
- Tossed Side Salad
- BBQ Baked Beans

**FRIDAY**
- Flavorful Hamburger/Cheeseburger
- Spicy Black Bean Burger
- Halal Certified Hamburger/Cheeseburger
- Mini Cheese Ravioli (V) with Garlic Texas Toast
- Pizza Pack
- Vegetarian Pizza Pack (V)
- California Vegetable Blend, Crispy Tater Tots

**MONDAY**
- Peanut Butter Pack (V)
- Country Breakfast Scramble Bowl with Buttermilk Biscuit
- Yogurt Plate (V)
- Peanut Butter Pack (V)
- Extraordinary Green Beans
- Cool Carrots

**TUESDAY**
- Zesty Cheese Nachos (V)
- Seasoned Beef and/or Chicken Nachos
- Vegan Ground "Beef" Nachos
- Grilled Cheese Sandwich
- Chicken Caesar Salad
- Vegetarian Caesar Salad (V)
- Fantastic Black Beans or Robust Refried Beans
- Beans, Buttery Corn

**WEDNESDAY**
- Crispy Chicken Sandwich
- Asian Inspired Chicken with Fried Rice
- Vegetarian Thai Chili Edamame with Fried Rice
- Beef and/or Chicken Taco Salad
- Superb Vegetarian Taco Salad (V)
- Refreshing Veggie Dippers
- Seasoned Spiral Fries or Mashed Potatoes

**THURSDAY**
- Cheese Pizza (V)
- Pepperoni Pizza
- Beef Rotini Pasta with Garlic Texas Toast
- Crispy Chicken Bites Salad
- Vegetarian Chef Salad (V)
- Fresh Caesar Side Salad or Kale Caesar Salad
- Savory Sweet Potato Fries

**FRIDAY**
- Classic Macaroni and Cheese with Fish Bites
- Chicken Tenders with Warm Dinner Roll
- Vegan Chik'N Nuggets with Dinner Roll
- Pizza Pack
- Vegetarian Pizza Pack (V)
- Cosmic Creamed Spinach or Collard Greens
- Zesty Cowboy Salsa

**MONDAY**
- Delicious Chicken Bites or Vegan Chik'N Nuggets with Warm Dinner Roll
- Baked Potato Bar with Warm Dinner roll
- Yogurt Plate (V)
- Peanut Butter Pack (V)
- Bright-eyed Broccoli
- Spunky Sweet Potato Fries

**TUESDAY**
- Zesty Cheese Nachos (V)
- Seasoned Beef and/or Chicken Nachos
- Vegan Ground "Beef" Nachos
- Turkey Sausage and Pancake Bites
- Chicken Caesar Salad
- Vegetarian Caesar Salad (V)
- Fantastic Black Beans or Fiesta Refried Beans
- Classic Golden Corn

**WEDNESDAY**
- Crispy Chicken Leg with Warm Dinner Roll
- Cheese Stuffed Breadsticks with Marinara Dipping Sauce
- Beef and/or Chicken Taco Salad
- Delightful Vegetarian Taco Salad (V)
- Seasoned Green Beans
- Butternut Squash

**THURSDAY**
- Cheese Pizza (V)
- Pepperoni Pizza
- BBQ Pulled Pork Sandwich
- Chicken Tender Salad
- Vegetarian Chef Salad (V)
- Tossed Side Salad
- BBQ Baked Beans

**FRIDAY**
- Classic Macaroni and Cheese with Fish Bites
- Chicken Tenders with Warm Dinner Roll
- Vegan Chik'N Nuggets with Dinner Roll
- Pizza Pack
- Vegetarian Pizza Pack (V)
- Cosmic Creamed Spinach or Collard Greens
- Zesty Cowboy Salsa

**MONDAY**
- Cheesy Garlic French Bread Pizza (V)
- Pepperoni French Bread Pizza
- Country Breakfast Scramble Bowl with Buttermilk Biscuit
- Yogurt Plate (V)
- Peanut Butter Pack (V)
- Extraordinary Green Beans
- Cool Carrots

**TUESDAY**
- Zesty Cheese Nachos (V)
- Seasoned Beef and/or Chicken Nachos
- Vegan Ground "Beef" Nachos
- Grilled Cheese Sandwich
- Chicken Caesar Salad
- Vegetarian Caesar Salad (V)
- Fantastic Black Beans or Robust Refried Beans
- Beans, Buttery Corn

**WEDNESDAY**
- Crispy Chicken Leg with Warm Dinner Roll
- Cheese Stuffed Breadsticks with Marinara Dipping Sauce
- Beef and/or Chicken Taco Salad
- Delightful Vegetarian Taco Salad (V)
- Seasoned Green Beans
- Butternut Squash

**THURSDAY**
- Cheese Pizza (V)
- Pepperoni Pizza
- BBQ Pulled Pork Sandwich
- Chicken Tender Salad
- Vegetarian Chef Salad (V)
- Tossed Side Salad
- BBQ Baked Beans

**FRIDAY**
- Classic Macaroni and Cheese with Fish Bites
- Chicken Tenders with Warm Dinner Roll
- Vegan Chik'N Nuggets with Dinner Roll
- Pizza Pack
- Vegetarian Pizza Pack (V)
- Cosmic Creamed Spinach or Collard Greens
- Zesty Cowboy Salsa

**MONDAY**
- Cheesy Garlic French Bread Pizza (V)
- Pepperoni French Bread Pizza
- Country Breakfast Scramble Bowl with Buttermilk Biscuit
- Yogurt Plate (V)
- Peanut Butter Pack (V)
- Extraordinary Green Beans
- Cool Carrots

**TUESDAY**
- Zesty Cheese Nachos (V)
- Seasoned Beef and/or Chicken Nachos
- Vegan Ground "Beef" Nachos
- Grilled Cheese Sandwich
- Chicken Caesar Salad
- Vegetarian Caesar Salad (V)
- Fantastic Black Beans or Robust Refried Beans
- Beans, Buttery Corn

**WEDNESDAY**
- Crispy Chicken Leg with Warm Dinner Roll
- Cheese Stuffed Breadsticks with Marinara Dipping Sauce
- Beef and/or Chicken Taco Salad
- Delightful Vegetarian Taco Salad (V)
- Seasoned Green Beans
- Butternut Squash

**THURSDAY**
- Cheese Pizza (V)
- Pepperoni Pizza
- BBQ Pulled Pork Sandwich
- Chicken Tender Salad
- Vegetarian Chef Salad (V)
- Tossed Side Salad
- BBQ Baked Beans

**FRIDAY**
- Classic Macaroni and Cheese with Fish Bites
- Chicken Tenders with Warm Dinner Roll
- Vegan Chik'N Nuggets with Dinner Roll
- Pizza Pack
- Vegetarian Pizza Pack (V)
- Cosmic Creamed Spinach or Collard Greens
- Zesty Cowboy Salsa

---

**Daily Offerings:**
- Assorted Milk
- 100% Juice
- Vegetarian Entrees
- Locally Sourced Ingredients Offered
- Regularly Menu Subject to Change

---

**Visit**
- [www.myschoolapps.com](http://www.myschoolapps.com)

---

**Equal opportunity provider.**

---

**Lunch Prices**
- **Student Free:** $0
- **Student Reduced:** $0
- **Student Full Pay:** $3.50
- **School Staff:** $4.75
- **Guests:** $5.00

---

**This institution is an equal opportunity provider.**