

# Triennial Assessment Tool

Every three years or more often if the SFA desires, the LEA must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the model local school wellness policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should have been completed by June 30, 2020. The second triennial must be completed by June 30, 2023, or earlier. SFAs are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: June 18, 2020		Name of School District: Cobb County School District		Number of Schools in District: 112
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:	
<ol style="list-style-type: none"> <li>1. School Nutrition Personnel shall conduct mandatory nutrition promotions.</li> <li>2. Manager Manual 4100</li> <li>3. EEE-R – Wellness Policy</li> </ol>	Completed	112	<ol style="list-style-type: none"> <li>1. National Fruits and Vegetables Month (September)</li> <li>2. National School Lunch Week (October)</li> <li>3. National Farm to School Month (October)</li> <li>4. National Milk Day /Milk at Every Meal Month (January)</li> <li>5. National School Breakfast Week (March)</li> <li>6. National Nutrition Month (March)</li> </ol>	
2. Continuing professional development will be provided for all FNS Staff members.	Completed	112	Weekly Beet Newsletter LKC 2017, 2018, 2019 Communicated via email / newsletters	
3. Cobb County Performance Standards in health education address nutrition and physical activity.	Completed	112	Policy: IDBC-R Physical Education Program adopted by CCSD. Elizabeth Price, Health and Physical Educator Supervisor oversees with Physical Educators.	

			Wellness Assistant Director assists through requested presence in school for health promotions.
4. School Nutrition Personnel have primary responsibility over meal accountability in cafeteria.	Completed	112	Nutrition Coordinators oversees compliance. Manager Manual and trainings.
5. Each food service facility will have at least one school nutrition employee on site who is certified as a food safety manager.	Completed	112	All managers and key persons, some central office staff are Serv Safe certified.
6. Schools to promote and encourage healthy food choices as defined by Nutrition Standards and the Healthy, Hunger-Free Kids Act of 2010	Completed	112	Nutrition Coordinators assess compliance when doing On-Site Reviews. Verbiage is adopted into Wellness policy. Wellness Representatives review with Principal yearly and then reported on Wellness Action Item Compliance checklist (name?)
<b>Nutrition Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. National Fruits and Vegetables Month	Completed	112	September
2. National School Lunch Week	Completed	112	October
3. National Farm to School Month	Completed	112	October
4. National Milk Day / Milk at Every Meal Month	Completed	112	January
5. National School Breakfast Week	Completed	112	March
6. National Nutrition Month	Completed	112	March
7. Farm to School Education (monthly) aka Harvest of the Month	Completed	112	August - May
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. IDBC-R Physical Education Program	Completed	112	District has developed and implemented an accurate, comprehensive health program that includes information and concepts in the following areas: a. Alcohol and other drug use;

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			<ul style="list-style-type: none"> <li>b. Disease prevention;</li> <li>c. Environmental health;</li> <li>d. Nutrition;</li> <li>e. Personal health;</li> <li>f. Sex education/AIDS education;</li> <li>g. Safety;</li> <li>h. Mental health;</li> <li>i. Growth and development;</li> <li>j. Consumer health;</li> <li>k. Community health;</li> <li>l. Health careers; and</li> <li>m. Family living.</li> </ul>
2. Sixty Minutes of moderate to vigorous physical education activities daily for all students K-12 shall be encouraged.	Completed	112	<p>Physical educators and teachers encourage movement throughout the day.</p> <p>Wellness Assistant Director incorporates physical movement with his K-5 curriculum when teaching Nutrition Classes as guest speaker.</p>
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Mandatory Promotions	Choose an item.		
2. Marketing – Bulletin Boards, Exhibits, Posters	Completed	112	<p>Created specific to a cafeteria’s environment by manager and FSAs.</p> <p>Marketing is also provided through a variety of alternate resources including print and place Marketing and Poster</p>

			Marketing developed by Wellness Department. Team Nutrition and Alliance for a Healthier Generation
3. Team Nutrition at each school	Completed	112	Completed and updated each year by Wellness Department Clerk.
4. Schools should create a healthy building environment and develop classroom management strategies that provide consistent wellness messages that are conducive to a healthy eating and physically active lifestyle.	Completed	112	Cafeteria and schools provide a clean and safe meal environment. Promote and encourage alternatives to food as a reward such as pencil / sticker giveaways instead of food. Not withhold participation in the food service program (including purchase of a la carte items) as a punishment. Changed previous meal policy to Student Success Meals – Manager Manual 2300 Meal Counting and Claiming. Provide a safe environment for physical activity. Not regularly withhold physical activity or recess for disciplinary reasons. Encourage healthy eating and portion control during any classroom celebrations. <b>*Created classroom celebrations as a healthier alternative* Updated 08/08/2020*</b> Local best practices are shared on District Web-site and social media.
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Nutrition standards for all foods sold on school campuses during the school day shall	Partially Completed	112	Continual assessment occurs by FNS Coordinators through On-site reviews.

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comply with the Healthy, Hunger-Free Kids Act of 2010			
2. Per State Board of Education guidelines, principals may approve up to 30 fundraisers per school year that are exempt from the competitive food standards. These exempted fundraisers can only operate 30 or more minutes before the beginning of breakfast meal services, 30 or more minutes after the end of breakfast meal services, 30 or more minutes before the beginning of lunch meal services, or 30 minutes after the end of lunch meal services. The exempted fundraiser food and/or drinks cannot be placed in vending machines, school stores, snack bars, or be made available via <i>a la carte</i> sales.	Partially Completed	112	Communicated through Wellness Action Timeline and reviewed by local Wellness Representatives. Confirmation of what occurs within the school setting is submitted through Wellness Action Items compliance form filled out yearly by local school.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e., classroom parties, foods given as reward).</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. During the school day, schools will promote and encourage healthy food choices as defined by Nutrition Standards for All Food Sold in School by the Healthy, Hunger-Free Kids Act of 2010 (e.g. cafeteria, a la carte, snack bars/school stores, classroom snacks, ASP snacks, vending, fundraising.) and that are consistent with the nutrition education curriculum.	Completed	112	Food choices that are given and not sold to students are encouraged to follow the Nutrition standards but is not enforced.  FNS provides smart snack compliant options for students and parents to participate in. <b>*Updated 10/10/2021 – More specific / targeted marketing has occurred to educate and inform parents of variety of choices for</b>

			<i>classroom celebrations that are smart snack compliant.</i>
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1.	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. See Wellness Representatives List		On excel sheet – updated each year.
2.		
3.		
4.		
5.		
<b>Wellness Committee Involvement</b> <i>List of committee members names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. See School Health Council Form for individual schools	Cobb County School District	Submitted through Support Site. <b>*Updated 09/11/2021: Updated to Wellness Support Site (Sharepoint) and Microsoft Forms (to ease handling wellness items outside of CCSD’s network).</b>
2. Will Snead	FNS Wellness Assistant Director	District Wellness Steering Committee Member
3. Elizabeth Price	Health and Physical Education Supervisor	District Wellness Steering Committee Member
4. Melanie Bales	Nursing Supervisor	District Wellness Steering Committee Member

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5. Adolphus Drain	HR Supervisor	District Wellness Steering Committee Member
6. Melisa Marsh	Supervisor, School Counseling, Advisement, and Crisis Response	District Wellness Steering Committee Member

<b>Key</b>	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal