# 2023 Middle School Lunch Menu

**Award-Winning Farm to School Participant**

**Menu Subject to Change Based on Product Availability**

**Want to check your student’s meal account?**  
Visit [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| **Week of:** Aug. 1  
Aug. 14  
Aug. 28  
Sept. 11  
Oct. 2  
Oct. 16  
Oct. 30  
Nov. 13  
Dec. 4  
**Dec. 18-19:** Manager's Choice | Juicy Hamburger  
Flavorful Cheeseburger  
Spicy Black Bean Burger  
Halal Certified Hamburger  
and Cheeseburger  
Cheese Stuffed Breadsticks (V)  
Yogurt Pack (V)  
Peanut Butter Pack (V)  
BBQ Baked Beans  
Crispy Tater Tots | Cheese Pizza (V)  
Pepperoni Pizza  
Specialty Pizza  
Buffalo Chicken Dip with Tortilla Chips  
Cobb Salad  
Vegetarian Chef Salad  
Extraordinary Green Beans  
Cool Carrots | Zesty Cheese Nachos (V)  
Seasoned Beef and/or Chicken Nachos  
Vegan Ground “Beef” Nachos  
Crispy Chicken Leg with Warm Dinner Roll  
Taco Salad with Meat Choice  
Vegetarian Taco Salad (V)  
Fantastic Black Beans or Robust Refried Beans  
Classic Golden Corn | Cheese Pizza (V)  
Pepperoni Pizza  
Specialty Pizza  
Asian Inspired Chicken with Fried Rice  
Vegetarian Thai Chili  
Edamame with Fried Rice  
Chicken Caesar Salad  
Vegetarian Caesar Salad  
Tossed Side Salad  
Bright-eyed Broccoli | **Week of:** Aug. 7  
Aug. 21  
Sept. 4  
Sept. 18  
Oct. 9  
Oct. 23  
Nov. 6  
Nov. 27  
Dec. 11 | Crispy Chicken Filet Sandwich  
Spicy Chicken Filet Sandwich  
Cheesy French Bread Pizza  
Pepperoni French Bread Pizza  
Yogurt Pack (V)  
Peanut Butter Pack (V)  
Seasoned Spiral Fries or Mashed Potatoes  
Extraordinary Green Beans | Cheese Pizza (V)  
Pepperoni Pizza  
Specialty Pizza  
BBQ Pulled Pork with Garlic Texas Toast  
Chicken Bites Salad  
Vegetarian Pasta Salad (V)  
Sweet Potato Fries  
Coleslaw | Zesty Cheese Nachos (V)  
Seasoned Beef and/or Chicken Nachos  
Vegan Ground “Beef” Nachos  
Crispy Chicken Bites with Warm Dinner Roll  
Taco Salad with Meat Choice  
Vegetarian Taco Salad (V)  
Pinto Beans  
Refreshing Veggie Dippers | Cheese Pizza (V)  
Pepperoni Pizza  
Specialty Pizza  
Baked Potato Bar  
Chicken Caesar Salad  
Vegetarian Caesar Salad (V)  
Cosmic Carrots  
Bite-size Broccoli  
**Lunch Prices**  
Student Free: $0  
Student Reduced: $0  
Student Full Pay: $3.50  
School Staff: $4.75  
Guest: $5.00 | Chicken Tenders with Warm Dinner Roll  
Vegan Chik’N Nuggets with Warm Dinner Roll  
Build Your Own Pasta Bar  
Chicken Tender Salad  
Spicy Chicken Tender Salad  
Vegetarian Pasta Salad (V)  
Spunky Sweet Potato Crinkle Fries  
Fresh Veggie Dipper |

**Daily Offerings:**  
Assorted Milk  
Assorted Fresh Fruits  
100% Juice  
Vegetarian Entrees  
Locally Sourced Ingredients Offered Regularly

This institution is an equal opportunity provider.