



2022 Middle School Lunch Menu

Award-Winning Farm to School Participant

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Menu Subject to Change Based on Product Availability

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: Jan. 3 Jan. 17 Jan. 31 Feb. 14 March 7 March 21 April 11 April 25 May 9 May 23	Delicious Chicken Leg with Buttery Dinner Roll Yogurt Plate (V) Seasoned Green Beans Yummy Mashed Potatoes	Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegetarian Taco Salad (V) Fantastic Black Beans or Robust Refried Beans Classic Golden Corn	Cheese- Stuffed Breadsticks with Marinara Sauce Vegetarian Caesar Salad (V) Broccoli Carrots	Cheese Pizza (V) Pepperoni Pizza Specialty Pizza Chicken Caesar Salad Tossed Side Salad Gourmet California Blend Vegetables	Juicy Hamburger Flavorful Cheeseburger Vegetarian Chef Salad Savory Sweet Potato Crinkle Fries Delightful BBQ Baked Beans
Week of: Jan 10 Jan 24 Feb. 7 Feb. 28 March 14 March 28 April 18 May 2 May 16	Crispy Chicken Filet Sandwich Spicy Chicken Filet Sandwich Yogurt Pack (V) Savory Sweet Potato Crinkle Fries Extraordinary Green Beans	Zesty Cheese Nachos (V) Seasoned Beef and/or Chicken Nachos Vegetarian Taco Salad (V) Fantastic Black Beans or Robust Refried Beans Classic Golden Corn	Beef Rotini Pasta Vegetarian Caesar Salad (V) Crispy Tater Tots Refreshing Veggie Dippers	Cheese Pizza (V) Pepperoni Pizza Specialty Pizza Chicken Caesar Salad Fresh Caesar Side Salad Delicious BBQ Baked Beans	Macaroni and Cheese Vegetarian Chef Salad (V) Cosmic Carrots Bite-size Broccoli

We offer Whole Grain Rich Products

Daily Offerings:
Assorted Milk • Assorted Fresh Fruits • 100% Juice • Vegetarian Entrees
Locally Sourced Ingredients Offered Regularly

Lunch Price
Student: No charge
School Staff: \$3.75
Guest: \$4.00

This institution is an equal opportunity provider.