# 2022 Middle School Lunch Menu

**Award-Winning Farm to School Participant**

*Menú sujeto a cambios basados en disponibilidad de productos*

**Want to check your student’s meal account?**
Visit [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<td><strong>Week of:</strong> Aug. 1&lt;br&gt;Aug. 15&lt;br&gt;Aug. 29&lt;br&gt;Sept. 12&lt;br&gt;Oct. 3&lt;br&gt;Oct. 17&lt;br&gt;Oct. 31&lt;br&gt;Nov. 14&lt;br&gt;Dec. 5</td>
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<td>Juicy Hamburger&lt;br&gt;Flavorful Cheeseburger&lt;br&gt;Spicy Black Bean Burger&lt;br&gt;Halal Certified Hamburger and Cheeseburger&lt;br&gt;Cheese Stuffed Breadsticks (V)&lt;br&gt;BBQ Baked Beans&lt;br&gt;Crispy Tater Tots</td>
<td>Cheese Pizza (V)&lt;br&gt;Pepperoni Pizza&lt;br&gt;Specialty Pizza&lt;br&gt;Buffalo Chicken Dip with Tortilla Chips&lt;br&gt;Cobb Salad&lt;br&gt;Vegetarian Chef Salad&lt;br&gt;Extraordinary Green Beans&lt;br&gt;Cool Carrots</td>
<td>Zesty Cheese Nachos (V)&lt;br&gt;Seasoned Beef and/or Chicken Nachos&lt;br&gt;Vegan Ground “Beef” Nachos&lt;br&gt;Crispy Chicken Leg with Warm Dinner Roll&lt;br&gt;Taco Salad with Meat Choice&lt;br&gt;Vegetarian Taco Salad (V)&lt;br&gt;Fantastic Black Beans or Robust Refried Beans&lt;br&gt;Classic Golden Corn</td>
<td>Cheese Pizza (V)&lt;br&gt;Pepperoni Pizza&lt;br&gt;Specialty Pizza&lt;br&gt;Teriyaki Chicken with Rice&lt;br&gt;Vegetarian Thai Chili&lt;br&gt;Edamame with Rice&lt;br&gt;Chicken Caesar Salad&lt;br&gt;Vegetarian Caesar Salad&lt;br&gt;Tossed Side Salad&lt;br&gt;Bright-eyed Broccoli</td>
<td>Chicken Tenders with Garlic Texas Toast&lt;br&gt;Vegan Chik’N Nuggets with Garlic Texas Toast&lt;br&gt;Build Your Own Pasta Bar with Garlic Texas Toast&lt;br&gt;Chicken Bites Salad&lt;br&gt;Vegetarian Pasta Salad (V)&lt;br&gt;Spunky Sweet Potato Crinkle Fries&lt;br&gt;Fresh Veggie Dipper</td>
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<td>Crispy Chicken Filet Sandwich&lt;br&gt;Spicy Chicken Filet Sandwich&lt;br&gt;Cheesy French Bread Pizza&lt;br&gt;Pepperoni French Bread Pizza&lt;br&gt;Yogurt Pack (V)&lt;br&gt;Peanut Butter Pack (V)&lt;br&gt;Seasoned Spiral Fries&lt;br&gt;Extraordinary Green Beans</td>
<td>Cheese Pizza (V)&lt;br&gt;Pepperoni Pizza&lt;br&gt;Specialty Pizza&lt;br&gt;BBQ Pulled Pork with Garlic Texas Toast&lt;br&gt;Chicken Tender Salad&lt;br&gt;Vegetarian Pasta Salad (V)&lt;br&gt;Sweet Potato Fries&lt;br&gt;Coleslaw</td>
<td>Zesty Cheese Nachos (V)&lt;br&gt;Seasoned Beef and/or Chicken Nachos&lt;br&gt;Vegan Ground “Beef” Nachos&lt;br&gt;Crispy Chicken Bites with Warm Dinner Roll&lt;br&gt;Taco Salad with Meat Choice&lt;br&gt;Vegetarian Taco Salad (V)&lt;br&gt;Pinto Beans&lt;br&gt;Refreshing Veggie Dippers</td>
<td>Cheese Pizza (V)&lt;br&gt;Pepperoni Pizza&lt;br&gt;Specialty Pizza&lt;br&gt;Turkey Sausage and Cheese Egg Bites with Buttermilk Biscuit&lt;br&gt;Baked Potato Bar with Warm Dinner Roll&lt;br&gt;Chicken Caesar Salad&lt;br&gt;Vegetarian Caesar Salad&lt;br&gt;Fresh Caesar Side Salad&lt;br&gt;Vegetable Blend</td>
<td>Classic Macaroni and Cheese with Fish Bites&lt;br&gt;Spooky Sweet Potato Fries&lt;br&gt;Vegan Macaroni and Cheese with Cheese Bites&lt;br&gt;Baked Potato Bar with Warm Dinner Roll&lt;br&gt;Chicken Caesar Salad&lt;br&gt;Vegetarian Caesar Salad&lt;br&gt;Fresh Caesar Side Salad&lt;br&gt;Vegetable Blend</td>
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**Daily Offerings:**
- Assorted Milk
- Assorted Fresh Fruits
- 100% Juice
- Vegetarian Entrees

Locally Sourced Ingredients Offered Regularly

**This institution is an equal opportunity provider.**

**Lunch Price:**
- Student: $3.50
- School Staff: $4.00
- Guest: $4.25

We offer Whole Grain Rich Products