



**HS Modern Dance Level IV
GSE Standards**



Creating

DHSMOD4.CR.1

Demonstrate an understanding of creative/choreographic principles, processes, and structures.

- a. Generate original modern dance phrases from a variety of sources (e.g. instructor and self-guided improvisation).
- b. Manipulate modern dance phrases using the elements of choreography.
- c. Demonstrate various modern dance techniques through both personal and group choreography.
- d. Manipulate structured personal and structured group combinations to create a formal modern dance work.
- e. Demonstrate a variety of structures or forms (e.g. AB, ABA, cannon, call-response, narrative).

DHSMOD4.CR.2

Demonstrate an understanding of dance as a form of communication.

- a. Recognize how the use of choreographic structure is used to communicate meaning in a modern dance.
- b. Identify and demonstrate the use of theme through modern dance technique.
- c. Demonstrate the use of props as an extension of theme.

Performing

DHSMOD4.PR.1

Identify and demonstrate movement elements, skills, and terminology in dance.

- a. Execute an advanced modern-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, roll downs, contract/release, fall/recovery, high release, spirals, head-tail connections, Bartenieff Fundamentals).
- b. Execute advanced principles of modern dance technique with precision for classroom and performance.
- c. Execute focus, control, and coordination in performing complex combinations through the integration of modern dance elements.
- d. Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus.
- e. Synthesize knowledge of dance vocabulary from modern dance techniques.



DHSMOD4.PR.2

Understand and model dance etiquette as a classroom participant, performer, and observer.

- a. Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the modern dance learning environment.
- b. Demonstrate concentration and focus, and help to maintain a respectful modern dance performance environment for others.
- c. Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances.
- d. Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and modern dance observer.

DHSMOD4.PR.3

Recognize concepts of anatomy and kinesiology in movement.

- a. Exhibit use of self-monitoring methods to refine and improve alignment and technical skills.
- b. Define, describe, and execute the physiological demands of various modern dance techniques and repertoire, and how to prepare for those demands within rehearsals and performances.
- c. Engage in self-directed learning strategies to increase accuracy, precision, artistry, and expressiveness.
- d. Apply principles of injury prevention for modern dance.

DHSMOD4.PR.4

Understand and apply music concepts to dance.

- a. Synthesize musical concepts with self-initiation in instructed and created modern dance movements and phrases.
- b. Demonstrate initiative in modern dance phrasing movements artistically, aesthetically, and musically.

Responding

DHSMOD4.RE.1

Demonstrate critical and creative thinking in all aspects of dance.

- a. Critique movement qualities and choreography using the elements of modern dance (e.g. spatial design, variety, contrast, clear structure).
- b. Observe, critique, analyze, and respond to the quality of modern dance performances and compositions using specified criteria and appropriate dance terminology.
- c. Compare and contrast multiple modern dance works.



- d. Describe and demonstrate aesthetic qualities particular to modern dance.
- e. Propose ways to revise modern dance choreography according to established assessment criteria.
- f. Engage in self-reflection and self-assessment as a creator and performer.
- g. Defend and/or justify the similarities and differences between observing live and recorded dance performances.

Connecting

DHSMOD4.CN.1

Understand and demonstrate dance throughout history and in various cultures.

- a. Analyze the role and significance of modern dance in social, historical, cultural, and political contexts.
- b. Analyze dance styles of important twentieth/twenty-first century modern dance choreographers.
- c. Understand similarities and differences between various modern dance techniques.
- d. Evaluate the development of modern dance during the twentieth/twenty-first century, focusing on purpose, genres, styles, artistic conflicts and resolutions, significant contributors, and innovations.

DHSMOD4.CN.2

Recognize connections between dance and wellness.

- a. Communicate how lifestyle choices affect the modern dancer.
- b. Analyze the historical and cultural images of the body in modern dance and compare these to images of the body in contemporary media.
- c. Discuss challenges facing a performer in maintaining a healthy lifestyle.
- d. Assess consequences of personal actions, and commitment and discipline necessary to achieve modern dance goals.

DHSMOD4.CN.3

Demonstrate an understanding of dance as it relates to other areas of knowledge.

- a. Understand and demonstrate how media and technology can reinforce, enhance, or alter a modern dance concept.