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Menu Subject to Change Based on Product Availability

## 2024 Middle School Lunch Menu

## Award-Winning Farm to School Participant

We offer Whole Grain Rich Products

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-	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Week of: Jan. 8 Feb. 5 March 11 April 15 May 13	Chicken Tenders with Roll Vegan Chik'N Nuggets with Roll BBQ Pork Plate with Garlic Texas Toast Yogurt Plate Baked Beans Mashed Sweet Potatoes	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Hot Flatbread Choice Taco Salad with Meat Choice Superb Vegetarian Taco Salad Black Beans or Refried Beans Cucumber Tomato Dipper	Cuban Sandwich Asian-Inspired Chicken with Rice Double Decker PB&J Sandwich Stir Fry Vegetables Spicy Pickled Carrots	Pizza: Cheese (V), Pepperoni, Specialty Beef Enchiladas Black Bean Enchiladas Corn Choice Tossed Side Salad	Hamburger/Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Chicken Tikka Masala with Rice Chana Masala with Rice Chicken Tender Salad Vegetarian Chef Salad Roasted Squash and Zucchini Steamed Broccoli	
Week of: Jan. 15 Feb. 12 March 18 April 22 May 20	Chicken Bites with Roll Vegan Chik'N Nuggets with Roll Beef and Cheese Melt Yogurt Plate Mashed Potatoes Cosmic Carrots	Chicken and/or Beef Tacos Chicken Shawarma Pita Taco Salad with Meat Choice Superb Vegetarian Taco Salad Pinto Beans Ranch Cucumber Salad	Crispy Chicken Sandwich Thai Curry Chicken with Rice Thai Curry Chickpeas with Rice Uncrustables Pack Steamed Broccoli Mashed Sweet Potatoes	Pizza: Cheese (V), Pepperoni, Specialty Buffalo Chicken Dip with Chips Buffalo Chickpea Dip with Chips Chicken Caesar Salad Veg. Caesar Salad Veggie Dippers Caesar Side Salad or Kale Caesar Side Salad	Hamburger/Cheeseburger Bacon Burger/Bacon Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Classic Macaroni and Cheese with Shrimp Poppers Chicken Bites Salad, Vegetarian Chef Salad Crispy Tater Tots Green Beans	
Week of: Jan. 22 Feb. 26 March 25 April 29	Chicken Tenders with Roll Vegan Chik'N Nuggets with Roll BBQ Pork Sandwich Yogurt Plate Seasoned Spiral Fries Baked Beans	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Mediterranean Bowl Taco Salad with Meat Choice Vegetarian Taco Salad Black Beans or Refried Beans Corn Choice	Turkey Banh Mi Sub Asian-Inspired Chicken with Rice Double Decker PB&J Sandwich Stir Fry Vegetables Cosmic Carrots	Pizza: Cheese (V), Pepperoni, Specialty Shrimp Po' Boy Chicken Caesar Salad Vegetarian Caesar Salad Roasted Ranch Broccoli Tossed Side Salad	Hamburger/Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Cheese Ravioli or Cheese Lasagna Roll Up with Garlic Texas Toast Chicken Tender Salad Vegetarian Chef Salad Crinkle Cut Sweet Potato Fries Mediterranean Cucumber Salad	
Week of: Jan. 29 March 4 April 8 May 6	Crispy Chicken Leg with roll French Bread Pizza Yogurt Plate Green Beans Corn Choice	Chicken and/or Beef Tacos Baked Potato Bar with Roll Taco Salad with Meat Choice Vegetarian Taco Salad Steamed Broccoli Spicy Pickled Carrots	Crispy Chicken Sandwich Asian Inspired Chicken with Rice Uncrustables Pack Rainbow Slaw Seasoned Spiral Fries	Pizza: Cheese (V), Pepperoni, Specialty Breakfast Chilaquiles Chicken Caesar Salad Vegetarian Caesar Salad Charron Beans Caesar Side Salad or Kale Caesar Side Salad	Hamburger/Cheeseburger Bacon Burger/Bacon Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Classic Macaroni and Cheese with Shrimp Poppers Greek Salad with Chicken Greek Salad with Chickpeas Crinkle Cut Sweet Potato Fries Coleslaw	
Daily Offerings: This institution is an Lunch Prices   Assorted Milk • Assorted Fruit Options • 100% Juice • Vegetarian Entrees • This institution is an • Lunch Prices   Locally Sourced Ingredients Offered Regularly • Provider. • Student Free: \$0* Student Reduced: \$0 * Student Full Pay:						