# **Transition to College**

For students with disabilities

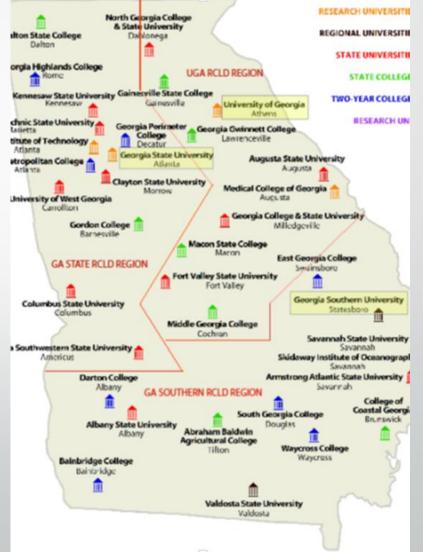
GERRI WOLFE, PH.D. REGENTS' CENTER FOR LEARNING DISORDERS UNIVERSITY OF GEORGIA

# Agenda

- Regents' Centers for Learning Disorders
- Differences Between High School & College
- Documentation & Accommodations
- Prepare for Postsecondary

### **Regents'** Centers

- Provide specialized assessments for students with suspected learning disorders (LD, ADHD, Psych, ASD, ABI)
- Serve as a resource on academic accommodations
- Conduct training and research activities to increase knowledge base and "best practices"
- 3 Regents Centers across Georgia: UGA, GA State, GA Southern



## **Disability Laws**

#### Section 504, Rehabilitation Act of 1973

 No otherwise qualified individual with a disability shall be excluded from participation in, denied the benefits of, or be subjected to discrimination under any program or activity that receives federal funds

#### Americans with Disabilities Act

- Takes the Rehabilitation Act to the Private Sector
- Provides a clear and comprehensive mandate for the elimination of discrimination against individuals with disabilities

#### Section 508, Rehabilitation Act 1998

• Equal access to Web and Information Technology

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#### **Differences Between High School & College**

- High School
  - IDEA
  - Responsible to identify
  - Responsible to evaluate
  - Accommodations implemented by school
  - Accommodations decisions made by IEP team
  - Parents are advocates
    - LRE. Self-contained, regular classroom, resource room

- College
  - Section 504/ADA
  - Student self identify
  - Student provides documentation
  - Student request accommodations
  - Accommodations determined by evaluation data
  - Students self-advocate
  - Regular classroom

## Differences: Shift

#### Philosophical Shift

- College education requires a higher level of knowledge and individual maturity
- Responsibility shifts from institution to students
- Policy Shift
  - IDEA vs. ADA
    - Process is not retroactive

- Secondary: documentation for instruction and intervention
- Postsecondary: documentation for *eligibility*, *access*, and *accommodations*
- Students must present documentation to validate both disability and need for accommodations to receive support services in college.

## **Disability Definition**

- A physical or mental impairment that substantially limits one or more major life activities.
  - Physical or mental impairment: includes... emotional illness, dyslexia and other specific learning disabilities, ADHD, ...
  - Major life activities: includes ... learning, reading, concentrating, thinking, writing, ...

### **Typical Disabilities**

- Hearing impairments
- Lupus
- Paraplegia
- Bipolar disorder
- Learning disabilities
- Multiple sclerosis
  - Cancer
    - Cerebral palsy

- Acquired brain injury
- Visual disorders
- Heart disease
- Cystic fibrosis
- Epilepsy
- Depression
- Attention Deficit Hyperactivity Disorder

### **Diagnosis and Disability**



- The clinical diagnosis of a DSM-IV mental disorder is not sufficient to establish the existence for legal purposes of a mental disorder.
- Assignment of a particular diagnosis does not imply a specific level of impairment or disability.
- Not every impairment will constitute a disability within the meaning of this section.

### **Diagnosis and Disability**

**Disability** = diagnosis in which the impairment reaches the magnitude of substantially limiting when compared to most people in the general population.



### USG Guidelines (Amended)

USG Guidelines established for disability documentation

- Disability definition
- General guidelines apply to all
- Specific guidelines LD, ADHD, Autism Spectrum Disorder, Acquired Brain Injury, Psychological, and other disabilities

http://www.usg.edu/academic\_affairs\_handbook/section3/C793/#pappendix\_e\_s pecific\_documentation\_guidelines

#### Documentation

- Proof of past testing accommodations in test settings
- Most recent IEP, Section 504 Plan, or private school plan
- Psych, neuropsych, and psychoed reports
- Verification of accommodation use
- Objective evidence of impairment
- Evidence of treatment

## **Key Documentation Points**

- IEP alone may NOT meet documentation requirements for postsecondary
- Accommodations in HS are not guaranteed in college
- Recent documentation
- Reasonable accommodations based on documentation
- Check with the DS office at each institution for documentation guidelines
- USG institutions follow BOR guidelines
- Collect evidence verifying disability AND need for accommodations from throughout education.

### **Reasonable Accommodation**

- Based on documented individual needs
- Allow for the most integrated experience
- Compromise the essential requirements
- Pose a threat to personal or public safety
- Impose an undue financial or administrative burden
- Personal in nature

### **Reasonable Accommodations**

- Reasonable accommodations NOT same as in K-12
- Some services and adaptations provided in K-12 inappropriate in higher education (e.g., shorter assignments/exams; altering curriculum)
- Accommodations in higher ed. determined by disability documentation and substantial limitation due to disability
  - Determining availability of accommodations in college not based solely on existence of IEP in high school
- Documentation of a specific disability does not translate directly into specific accommodations (e.g., not all ADHD need private room)

## **Example Accommodations**

- Extended time on tests
- Tape recording classes
- Word Processing Program with or without spellcheck
- Alternative text
  books on tape, CD,
  e-text or WebCT

- Sign language interpreters
- Access to class notes
- Closed captioned videos
- Large print and Braille materials
- Classroom assistance (In-class scribe)

### **Key Postsecondary Services**

- Research college web site and search for "Disability Services"
- Start Early. Submit Documentation for Review
- Application process for Disability Services is separate from the admissions application process
- Make an appointment to visit staff in the Disability Services office and come with questions (it is best if <u>the student</u> does most, if not all, of the talking!)
- Once registered with Disability Services, follow procedures to access services. Prepare to Self-Advocate!

## Prepare for Postsecondary

- Educate the student about <u>strengths</u> as well as weaknesses or areas of disability
- Provide opportunities to effectively self-advocate by being able to explain accommodation needs to others
- Use assistive technology (reading programs, speech-to-text, spell check, alarms on cell phone for reminders, etc.)
- Take a college preparatory curriculum, which includes foreign language.

## Prepare for Postsecondary

- Participate in at least one extra-curricular activity
- Participate in mentorship, internship or other work experiences
- Review the requirements for admission into the college(s) that are of interest
- Review the documentation requirements and procedures to apply for disability services at the college(s) of interest
- Look at the college as a whole to ensure the best fit for the student (not just at disability services)

### **Key Preparation Points**

#### Study Skills

- Understand learning style, disability, study strategies
- Technology
  - Computer proficiency
  - Assistive Technology

Self-advocacy

- Understand your needs and communicate them to DSP & faculty
- Know the campus resources
- Support network

### **Top 10 Transition Preparation**

- <u>10</u> Use Assistive Technology
- <u>9</u> Use Organizational Strategies
- <u>8</u> Use Time Management Strategies
- Z Use Learning Strategies
- <u>6</u> Use Test Prep and Test-taking Strategies

### **Top 10 Transition Preparation**

- 5 Understand Learning Strengths and Weaknesses
- 4 Understand Rights and Responsibilities as a SWD
- J Understand Campus and Other Resources. Seek Help
- 2 Appropriate Documentation
- <u>1</u> Advocate for your needs

#### Thank You

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