

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: June 15, 2023	Name of School District: Cobb County School District		Number of Schools in District: 112
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. School Nutrition Personnel shall conduct mandatory nutrition promotions.	Completed	112	<ol style="list-style-type: none"> 1. National Fruits and Vegetables Month (September) 2. National School Lunch Week (October) 3. National Farm to School Month (October) 4. National Milk Day (January) 5. National School Breakfast Week (March) 6. National Nutrition Month (March) 7. National School Lunch Hero Day (May)
2. Continuing Professional Development will be provided for all FNS Staff members.	Completed	112	Newsletters LKC 2020, 2021, 2022 Communicated via email and manager meetings.
3. Cobb County Performance Standards in health education address nutrition and physical activity.	Completed	112	Policy: IDBC-R Physical Education Program adopted by CCSD. Elizabeth Price, Health and Physical Educator supervisor oversees Physical Educators, including training and professional development.

			The Wellness Assistant Director assists through requested presentations in all levels of schools in Cobb County School District.
4. School Nutrition Personnel have primary responsibility for meal accountability in cafeteria.	Completed	112	Coordinators oversee compliance and USDA Code of Federal Regulations, Manager Manual updates, and area trainings / meetings. Managers oversee day-to-day operations within the schools, training and teaching staff.
5. Each Food service facility will have at least one school nutrition employee on site who as a food safety manager.	Completed	112	All managers and key personnel (assistant managers), some central officer personnel must maintain their Serv Safe certification.
6. Schools promote and encourage healthy food choices as defined by Nutrition Standards and the Healthy, Hunger Free Kids Act of 2010.	Completed	112	Nutrition Coordinators assess compliance by completing On-Site Reviews. Verbiage is adopted into Wellness Policy. Wellness Representatives review with Principal yearly and report Wellness Action Items completed to Wellness Assistant Director.
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. National Fruits and Vegetables Month	Completed	112	September
2. National School Lunch Week	Completed	112	October
3. National Farm to School Month	Completed	112	October
4. National Milk Day	Completed	112	January
5. National School Breakfast Week	Completed	112	March
6. National Nutrition Month	Completed	112	March
7. Farm to School Education (monthly) via Harvest of the Month	Completed	112	August - May
8. National School Lunch Hero Day	Completed	112	May
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. IDBC-R Physical Education Program	Completed	112	District has developed and implemented an accurate comprehensive health program that includes information and concepts in the following areas; a. Alcohol and other drug use b. Disease prevention

Triennial Assessment Tool

			<ul style="list-style-type: none"> c. Environmental Issues d. Nutrition e. Personal Health f. Sex Education / AIDS education g. Safety h. Mental Health i. Growth and Development j. Consumer Health k. Community Health l. Health Careers m. Family Living
2. Sixty minutes of moderate to vigorous physical education activities daily for students K-12 shall be encouraged.	Completed	112	Physical educators and teachers encourage movement throughout the day. The Wellness Assistant Director incorporates physical movement with his K-5 curriculum when teaching Nutrition Classes as guest speaker.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Mandatory Promotions	Completed	112	See above.
2. Marketing – Bulletin Boards, Exhibits, Posters	Completed	112	Created at the local level specific to a cafeteria's environment by managers and Food Service Assistants, sometimes with collaboration from the teacher and students. Marketing is also provided through a variety of alternate resources including "Print and Place" Marketing developed by the Wellness Director and Staff. Team Nutrition and Alliance for a Healthier Generation also provides resources.

3. Team Nutrition at each school.	Completed	112	Completed and updated each year by the Wellness Clerk.
4. Schools should help create a healthy building environment and develop classroom management strategies that provide consistent wellness messaging conducive to a healthy eating and physically active lifestyle.	Completed	112	Cafeterias and schools provide a clean and safe meal environment. Promote and encourage alternatives to food as a reward such as pencil / sticker giveaways instead of food. Not withhold participation in the food service program (including purchase of a la carte items) as a punishment. Changed previous meal policy to Student Success Meals – Manager Manual 2300 Meal Counting and Claiming. Provide a safe environment for physical activity. Do NOT regularly withhold physical activity or recess for disciplinary reasons. Encourage healthy eating and portion control during any classroom celebrations. Local best practices are shared on District website, social media, and District’s Wellness Resource page.
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition standards for all foods on school campuses during the school day shall comply with the Healthy Hunger Free Kids Act of 2010.	In Progress	112	Continual assessment occurs by Coordinators through On-Site Reviews. .
2. Per State Board of Education guidelines, principals may approve up to 30 fundraisers per school year that are exempt from the competitive food standards. These exempted fundraisers can only operate 30 or more minutes before the beginning of the breakfast meal service, 30 or more minutes after the end of the breakfast meal service, 30 or more minutes before the beginning of lunch, or 30 minutes after the end of the lunch meal services. The exempted fundraiser can be food and / or drinks cannot be placed within the vending machine, school stores, snack bars, or be made available via a la carte sales.	Completed	112	Communicated through Wellness Action Timeline and reviewed by local Wellness Representatives. Confirmation of what occurs within the school setting is submitted through Wellness Action Items compliance form filled out yearly by local school.
3.	Choose an item.		

Triennial Assessment Tool

4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. During the school day, schools will promote and encourage healthy food choices as defined by Nutrition Standards for All Food Sold in School by the Healthy, Hunger-Free Kids Act of 2010 (e.g. cafeteria, a la carte, snack bars/school stores, classroom snacks, ASP snacks, vending, fundraising.) and that are consistent with the nutrition education curriculum.	Completed	112	Food choices that are given and not sold to students are encouraged to follow the Nutrition standards but is not enforced. FNS provides smart snack compliant options for students and parents to participate in.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1.	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Wellness Representatives		Documented and updated each year by Wellness Assistant Director and team.

2.		
3.		
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. See School Health Council forms for each individual school.	Cobb County School District	Submitted through the Wellness Support Site.
2. Will Snead	FNS Wellness Assistant Director	District Wellness Steering Committee Member.
3. Elizabeth Price	Health and Physical Educator Supervisor	District Wellness Steering Committee Member.
4. Melanie Bales	Nursing Supervisor	District Wellness Steering Committee Member.
5. Adolphus Drain	HR Supervisor	District Wellness Steering Committee Member.
6. Melisa Marsh	Supervisor, School Counseling, Advisement, and Crisis Response	District Wellness Steering Committee Member.

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal